

Universal Love Foundation

presents

Positive Parenting Seminars

for families with children birth to 12 years old



“Raising a child is hard to do in a society with so many demands and distractions. Triple P Positive Parenting provides simple tips that can make parenting easier and more rewarding!” – *Maria Elena Cruz, Ph.D.*

Wednesday, August 22nd

The Power of Positive Parenting

Learn how to:

- Provide positive learning environments for children
- Use assertive discipline
- Have realistic expectations and take care of yourself

Wednesday, August 29th

Raising Confident, Competent Children

Help your children:

- Learn to treat others with respect
- Have good communication and social skills
- Develop healthy self-esteem

Wednesday, September 5th

Raising Resilient Children

Help your children:

- Express feelings appropriately
- Build a positive outlook
- Manage stressful life events

When:	Wednesday August 22nd, 29th, and September 5th (2012)
Time:	6-7:30pm Please arrive by 5:45 pm. Classes begin promptly at 6:00 pm. Brief Individual Intervention available after seminar and by request
Where:	Universal Love Foundation Center 28720 Canwood Street #104 Agoura Hills, CA 91301 Presented by: Dr. Elena Cruz
To register:	Call 805-231-3618, or email mecruzphd@gmail.com , or visit www.universallovefoundation.org . Registration required. Childcare provided with advance registration. Refreshments provided.

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