

Third Annual Conference

Childhood Grief and Traumatic Loss

Restoring Joy to Children and Their Families



March 8, 2007

Burbank Airport Marriott Hotel & Convention Center
2500 Hollywood Way
Burbank, CA 91505
(818) 843-6000

Registration

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Workshop Sessions:

Please identify your first, second and third workshop choices for each of the sessions by placing the appropriate workshop number in the spaces provided.

Session I 1st _____ 2nd _____ 3rd _____

Session II 1st _____ 2nd _____ 3rd _____

Session III 1st _____ 2nd _____ 3rd _____

Conference Fees:

Early Registration by March 2nd

\$125 (not requesting CEU/CME) \$150 (requesting up to 5.5 hrs. of CEU/CME)

Late Registration after March 2nd

\$135 (not requesting CEU/CME) \$160 (requesting up to 5.5 hrs. of CEU/CME)

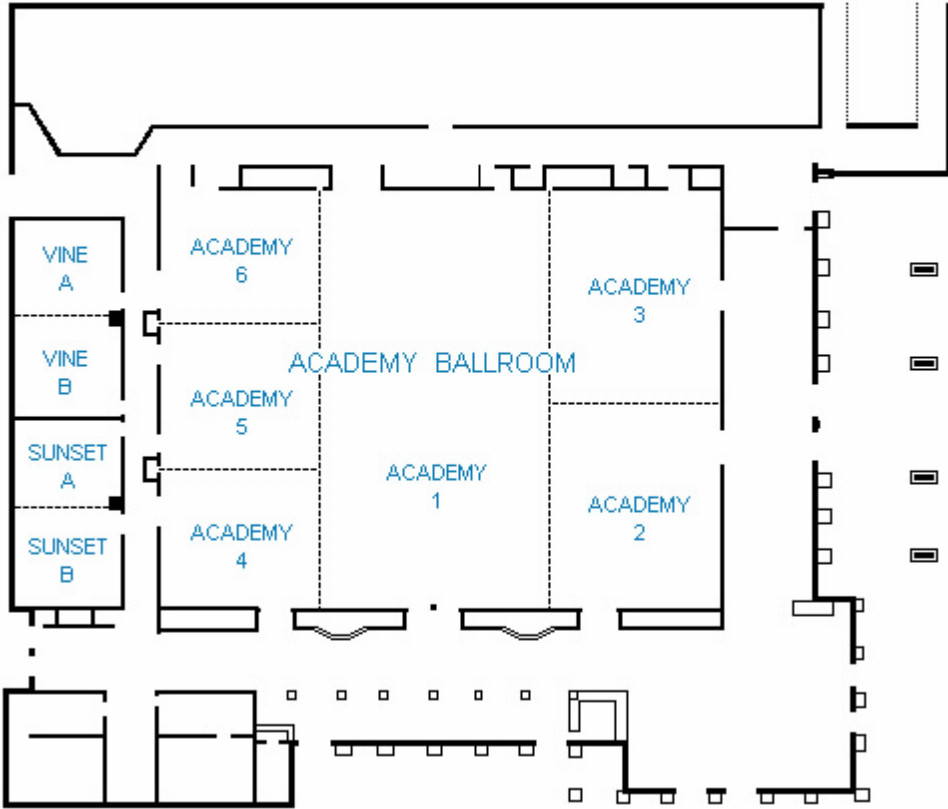
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HILTON BURBANK AIRPORT & CONVENTION CENTER EAST TOWER GROUND LEVEL





Childhood Grief and Traumatic Loss Third Annual Conference

Welcome to "Restoring Joy to Children and Their Families"

Thank you for joining us. This conference is growing and you are part of that growth. Our conference addresses all child grief and traumatic loss with a special focus on children under agency care. Local agencies are learning. A lack of grief programs for children in public care is being replaced with tangible services and line staff with more skills and resources. Child Life Specialists show us how to listen to the words and actions of children. Hospice programs teach us that children have less fear when they are with comfortable adults. Schools are learning to support all students when they have lost a peer. Ultimately, we learn about ourselves.

Children in thoughtful families may do well with loss to death. Grief support is much less common for dependent delinquents and other children under agency care. Special problems exist for children who are young, disabled or who do not speak English. Their lives may have more death, particularly violent death, and their families may be less competent to support them. Line staff have received little of the support they need to provide this service. These children and the line that serve them need more but have generally survived with less. That is changing in Los Angeles.

Many of you have spoken to us about asking children and adults about childhood experience with death. You have reported old ignored wounds in need of healing. Helping children with loss to death is the right thing to do but it may also serve all of us with future adults who are less damaged, perhaps less violent and more empathic with others. The issue of children, death and grief is coming of age. We are all part of this change.

Death is not the only loss. Children lose families by necessary legal actions and by abandonment. Healthy parents are lost to disability with injury and illness. Caretakers are lost to incarceration or severance of parental ties. We need each other to serve these children, families and professionals and to care for ourselves. We thank you for your efforts. On behalf of the Executive Committee, Conference Planning Committee, speakers and sponsors, we welcome you and sincerely wish you a most productive day.

Conference Committee

Joan Cochran, MA, CT
Michael Durfee, M.D.
Donna Fernandez, LCSW
Linda Garcia, MA, CCLS
Michael Pines, Ph.D.
Ilda Rueda de Leon, Ph.D.
Loren Solem-Kuehl, MA, MFT
Maria Elena Tome, B.A., CCLS
Patricia Lopez White, MA, MFT



Sponsors

Childrens Hospital Los Angeles (CHLA)

California Association for Child Life Professionals (CACLP)

The Center for Grief and Loss for Children a Program of Hathaway-Sycamore Child and Family Services

The Inter-Agency Council on Child Abuse & Neglect (ICAN)

ICAN National Center on Child Fatality Review (NCFR)

Los Angeles County, Department of Children and Family Services

Los Angeles County Department of Mental Health (DMH)

Los Angeles County Office of Education (LACOE)

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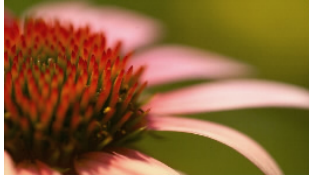
Authors Book Signing and Books at a Conference Discount

Institute on Violence, Abuse and Trauma (IVAT)

From Alliant International University, San Diego

Continuing Education Credit

This conference is co-sponsored by The Family Violence & Sexual Assault Institute (FVSAI), Institute on Violence, Abuse & Trauma (IVAT) at Alliant International University. Up to 5.5 hours of continuing education credits are available for most professions. FVSAI is approved by the American Psychological Association (APA) to offer continuing education credits for psychologists. FVSAI maintains responsibility for the continuing education program. FVSAI is recognized by the National Board of Certified Counselors (NBCC) to offer continuing education for National Certified Counselors (Provider #5659). FVSAI adheres to NBCC Continuing Education Guidelines. FVSAI is approved by the CA Board of Behavioral Sciences (PCE #33) to offer continuing education for LCSWs and MFTs. This course meets the qualifications for up to 5.5 hours of continuing education for MFTs and LCSWs as required by the CA Board of Behavioral Sciences. FVSAI is approved by the California Board of Registered Nurses to offer continuing education (CEP #13737). FVSAI is approved by the California Association of Alcoholism & Drug Abuse Counselors (CAADAC) to offer continuing education for certified alcohol and drug counselors (Provider# 1S-03-499-0107). FVSAI is approved by the State Bar of California to offer Minimum Continuing Legal Education for attorneys (Provider # 11600). CE credits approved by CA agencies are accepted in most states.



Agenda

7:30 a.m. – 8:30 a.m. Registration & Continental Breakfast

8:30 a.m. – 9:00 a.m. Welcome & Introductions

Conference Overview:

Michael Durfee, M.D., Chief Consultant, ICAN National Center on Child Fatality Review

Linda Garcia, CCLS, Manager Child Development Services, Childrens Hospital Los Angeles

Joan Cochran, MA, Center for Grief and Loss for Children a Program of Hathawa Sycamore Child and Family Services

Official Welcome:

Honorable Michael Nash, Presiding Judge, Los Angeles County Juvenile Court

Patricia Ploehn, LCSW, Director Department of Children and Family Services

Charles Sophy, M.D., Medical Director, Department of Children and Family Services

Marv Southard, DSW, Director Department of Mental Health

William Martone, CEO Hathaway-Sycamores Children and Family Services

Honorable Michael Antonivich, Supervisor, Los Angeles County

9:00 a.m. – 10:00 a.m. Keynote Presentation

Deforia Lane, Ph.D., Music Education from Case Western Reserve University Resident Director of Music Therapy at the University Hospitals of Cleveland. Dr. Lane has designed and implemented music therapy programs for diverse populations, including cancer patients, mentally handicapped, abused children, geriatric clients and others.

10:00 a.m. – 10:15 a.m. Grant A.M.E. Youth Choirs and Children from The Center for Grief and Loss

10:30 a.m. – 12:00 p.m. Workshop Session One

- 12:15 p.m. – 1:15 p.m. Lunch**
- Awards and Comments:**
Michael Durfee
Linda Garcia
Joan Cochran
- Pioneers – Lessons From My Career**
Donna L. Shuurman
David Kessler
Helen Fitzgerald
Robin Goodman
- 1:15 p.m. – 1:30 p.m. Break and Booksigning**
- 1:45 p.m. – 3:15 p.m. Workshop Session Two**
- 3:30 p.m. – 5:00 p.m. Workshop Session Three**
- 5:00 p.m. – 7:00 p.m. Informal reception and social gathering of those who can stay**



Workshop Session I • 10:30 - 12:00 a.m.

1A. **Little Children with Big Hurts: Working with Very Young Grieving Children**

Helen Fitzgerald, CT, Author, Training Director, American Hospice Foundation

It was once believed that children under the age of 6 weren't capable of expressing grief. Alan Wolfelt, a well known lecturer and the author of many books, said, "If a child is old enough to love, they are old enough to grieve." He is so right. For five years, as director of a grief program in mental health services in Virginia, I conducted a grief group for children 5 years old and younger. These children grew up knowing what happened in their lives. There was never a time you had to sit them down and tell them about death. Because we addressed it as it happened, this event was part of their history. This presentation will address how to become more comfortable with the topic of death when talking to these little people. We will look at how their grief manifests itself, how to talk to and to help these children as well as how to develop and maintain a support group for them.

Objectives:

1. Describe how you can become more comfortable in reaching out to young grieving children by reviewing your own personal learning experiences and acquiring a better understanding of the grief process of pre-school children.
2. Describe how to develop and maintain a support group for pre-school, grieving children.
3. Describe how the use of art, literature and play will help to facilitate the grief of a very young child.

1B. **Stillbirth: The Symbiotic Nature of Love and Traumatic Grief**

Joanne Cacciatore, LCSW, Fellow Thanatology, Founder CEO MISS Foundation Arizona

More than 25,000 babies are stillborn every year in the United States. Yet, it is an often overlooked tragedy in clinical practice, research and academia. This workshop will explore the unique features of perinatal death and its effects on the family system. It will also explore public policy and the influence of rhetoric and the larger, sociopolitical system on families experiencing stillbirth. Caregivers who attend will be better able to provide comprehensive, compassionate bereavement care to these families, reducing anxiety for staff and educating on traumatic losses, and their long-lasting, inter-generational effects, when working with families. This workshop will also focus on cultural competency and the significance of ritual.

Objectives:

1. Describe three ways to support children and families after a perinatal death.
2. Give examples of psychological, social, and biological factors associated with stillbirth.
3. Describe at least one recent national sociopolitical change surrounding stillbirth.

1C. Where Trauma and Grief Intersect: Recognizing and Treating Childhood Traumatic Grief

Robin F. Goodman, Ph.D., A.T.R.-BC, Director of Family Programs, Voices of September 11th, New York

Life today unfortunately includes trauma and death; two of the most challenging experiences a child or teen may face in their home, on the streets, and in the news. Recent literature sheds light on what happens and how to help children or teens overwhelmed by certain deaths. Childhood traumatic grief (CTG) can develop following a death from objectively traumatic situations such as motor vehicle accidents, suicide, or terrorism or from naturally occurring deaths such as cancer that the child perceives as traumatic. The condition is conceptualized as having trauma-related and grief-related components. The child or teen develops symptoms that share features with posttraumatic stress disorder as well as grief that impact the child's engaging in normative and comforting bereavement activities. Using videos and a print curriculum developed by the National Child Traumatic Stress Network, the theoretical understanding of CTG, the usual symptoms and reactions associated with CTG, session by session strategies for treating children and teens with CTG in individual treatment with collateral and joint parent sessions, and adaptations for use with groups will be presented.

Objectives:

1. Describe the theoretical model of childhood traumatic grief (CTG).
2. Describe the causes, reactions, and symptoms of CTG.
3. Differentiate between CTG and non-traumatic bereavement.
4. Describe the trauma related and grief related components of CTG intervention.

1D. Special Issues for Foster Children and Parents

Donna L. Schuurman, Ed.D. Executive Director, Dougy Center, Oregon

Foster parenting challenges existing family dynamics each time a child enters or leaves the family unit. The grief and loss issues for both sides substantially impact the success or failure of placements, as well as worldviews and future life experiences. This workshop will explore this double-edged sword from both sides: the foster parent's and the foster child's, looking at grief and loss issues and how to mediate the inevitable effects of multiple losses forged by change.

Objectives:

1. Identify successful grief and loss interventions for children experiencing a loss of family and friends.
2. Differentiate interventions for very young children and their parents.
3. Describe grief interventions for multiple placement foster children.

1E. Street Children – Grief and Traumatic Loss

Lois Lee, Ph.D., Founder & President, Children of the Night

Children who live on the street and survive with prostitution suffer major traumatic losses on the streets that add to previous loss that brought them to this destructive life. There is a common history of family abuse, neglect, molestation and abandonment. Street life and a passionate destructive relationship with a pimp become family and provide a sadistic but powerful sense of belonging. Loss to death is part of this violent life and augments the terribleness of childhood with separation from familiar people of the past. These children have special issues that require some unique intervention but the lessons learned can be translated to other populations. Dr. Lee and Children of the Night have an international reputation for serving child prostitutes. This workshop will provide a model of what is possible to address these multiple losses and provide a sense of belonging with a peer group of other street children. This unique program will include intervention that can be applied to other populations with loss to death or other permanent loss.

Objectives:

1. Identify special issues of loss for child prostitutes including the role of the pimp.
2. Describe intervention with this population that translates to other children with traumatic grief.
3. Describe special criteria for programs designed to address the needs of these children.

1F. A Trip Around the World Through the Eyes of the Bereaved

Traci Harumi Aoki, B.S., CCLS, CTRS, RTC

Cammie Kaulkin Woodward, MA, CCLS

Initially, the presenters will facilitate a cultural awareness activity. Results will be discussed as a group. Some participants will recognize hidden biases, while others will recognize a relationship between their current beliefs and their upbringing. Definitions of ethnicity, culture, religion, and bereavement will be explored. This presentation will address the importance of understanding and accepting all cultures and religions, and their relationship to grief, highlighting prominent cultures and religions in California. The presenters will suggest coping techniques. The floor will be open for discussion, if needed and desired. The goal is for attendees to become more accepting of all beliefs while appreciating the background and diversity of their patients and families. The presenters will dispel common misconceptions. Incorporating this information into daily practice can more effectively assist the patient and family with grief and bereavement.

Objectives:

1. Identify the advantage of addressing cultural and religious beliefs related to bereavement care.
2. Differentiate between culture and religion, and how the two are intertwined.
3. Describe three characteristics of a specific religion or culture.



Workshop Session II • 1:45 – 3:15 p.m.

2A. On Grief and Grieving: The Final Work with Elisabeth Kübler-Ross

David Kessler, Author, VP Patient Support Care, Citrus Valley Health Partners

Shortly before her death in 2004, Elisabeth Kübler-Ross, legendary author of the classic work, *On Death and Dying*, and grief and loss expert, David Kessler, her collaborator on the best selling book, *Life Lessons*, revisited her famous *Five Stages of Dying* in their final book together, *On Grief and Grieving*. David shares this journey of hope and humor that was a fitting completion of her work on grief, one that brings her life and work full circle. David's first book, *The Needs of the Dying*, received praise by Mother Teresa. It has now been published in over 11 countries worldwide. He is Vice President of patient support care services, overseeing the Palliative Care, Cultural and Language Arts and Pastoral Care Departments. His volunteerism includes serving as a member of the Red Cross Mental Health Disaster Team, as a Specialist Reserve Officer for the Los Angeles Police Department on its trauma team, and an Adoption Ambassador for Los Angeles County Department of Children and Family Service.

Objectives:

1. Define how the stages of grief influence our healing after loss.
2. Identify the milestones that often occur after a loss, including anticipatory grief.
3. Describe why children are often the forgotten grievers and how to help them.
4. Describe how to avoid the pitfalls of trying to "get over loss."

2B. Tears and Fears in the Nursery

Mary Allare, M.D., Neonatologist, Phoenix Children's Hospital

Patricia Binder, Ph.D, Diplomate, American Academy of Experts in Traumatic Stress

Tears and Fears in the Nursery will address grieving the loss of the "dream birthing experience and normal newborn." We will discuss issues faced by children and families following a traumatic birthing experience and subsequent admission to the NICU. This presentation will highlight the special role of Child Life Specialists and Medical Social Workers in the hospital setting. Awareness of Post Traumatic Stress and Post Traumatic Stress Disorder (PTSD) in the parents of NICU babies will be addressed. We will discuss the grieving experience as it relates to the family as a family system, within the Child and Marriage and Family Therapy (CMFT) philosophy. The goal of lessening the negative effects of NICU trauma for parents and siblings will be expanded with a shared discussion of grief and loss supportive practices between attending child life professionals, neonatologists, child and marriage and family therapists, pediatricians, medical social workers, and trauma specialists. We conclude on the importance of caring for caretakers.

Objectives:

1. Describe Post Traumatic Stress Disorder (PTSD) in the NICU.
2. Define NICU grief and loss issues as they relate to Family Systems.
3. List grief and loss supportive practices that work.
4. Describe the importance of Compassion Fatigue in the Caregiver.

2C. Grief and Loss for Children in the Welfare System

Donna Fernandez, MSW, LCSW, Los Angeles County DCFS

James J. Cassero, MFT, Los Angeles County DCFS

Stephanie Clancy, LCSW, Los Angeles County DCFS

Shirley Logan, LCSW, Los Angeles County DCFS

Michael Durfee, M.D., ICAN

The workshop will address recommended protocols in the following areas: Juvenile Court interventions; talking to children and family members at the time of a death, and use of memorabilia (what to say and what to do); planning funerals; and working with caregivers of DCFS children. In addition, a recommended training curriculum and peer support program for line Children's Social Workers and their supervisors will be discussed. Use of community resources and written materials that promote a healthy resolution for children and their families are highlighted. The material presented in this workshop applies to other populations of children who are at-risk. The presentation will focus on identification, assessment, and interventions for children in the child welfare system. Areas of discussion will include the development of the DCFS Initiative on Grief and Mourning, and strategies for a training curriculum for DCFS Children's Social Workers and Supervising Children's Social Workers. The presentation will provide an infrastructure model that demonstrates how services or interventions can be provided along a continuum, and with the collaboration of internal and external stakeholders. Case vignettes will be presented to demonstrate what works, and to identify some challenges that may be encountered with linkage to resources and service delivery.

Objectives:

1. Identify the target population.
2. Describe three components of the protocols and guidelines.
3. Describe the plans for training.
4. Identify at least one bereavement intervention.

2D. Working with Children/Youth/Teens Impacted by Violence and Trauma

Herman Perrault, MA, LMFT, Grief Therapist

Arvis Jones, Assist Director, Center For Grief And Loss For Children, Music Therapist

This presentation will provide an overview of children, youth and teen's response to grief and loss and how they cope with the death and loss of a loved one, identifying trouble signs and learning how to evaluate when grief issues are no longer a problem for them. Also addressed will be what the adults in their lives can do to help them get to a resolution.

Objectives:

1. Define grief therapy.
2. Identify the developmental stages in these young people and their response to loss.
3. Describe how homicide impacts grief and loss.
4. Gain a better understanding of identifying trouble signs and in identifying indicators of when the grief issues are resolved.
5. Describe the role of adults with rebellious children, youth and teens.

2E. University-Community Partnership for Suicide Prevention and Intervention

David Hickel, Ph.D., Asst VP Research, Assessment and Performance Improvement, Hathaway Sycamores Child and Family Services

Emily Pepper McGrath, Ph.D.

Mona Devich Navarro, Ph.D., Div of Child and Adolescent Psychiatry UCLA NPI

The presentation describes collaborative suicide prevention and intervention project developed between UCLA and Hathaway-Sycamores Child and Family Services, supported by a grant from the UCLA Center for Community Partnerships. The project goal is to improve care for youth who attempt suicide by developing a model academic-community partnership aimed at adapting and implementing evidence based suicide prevention interventions within a community-based organization. The presentation will be provided from the perspective of employees of Hathaway-Sycamores Child and Family Services, a large multi-service community and residential mental health agency, as well as key members of Dr. Asarnow's team at UCLA, and will focus on the importance of such partnerships in developing Evidence Based Practices that work within community mental health settings, the process and importance of clinical needs assessment to inform the development of interventions, as well as the next steps in the validation and implementation process within a community mental health setting of the Evidence Based Interventions developed through the partnership.

Objective:

1. Describe the value of partnerships.
2. Define the words of "evidence based."
3. Relate this presentation to their own work.

2F. Grieving Children "Do Angels Wear Shoes?"

Leslie Delp, BSEd, MA. Olivia's House, Pennsylvania

The presentation will focus on the importance of helping a child who is faced with the death of a loved one. The professional will learn strategies to support developmental mourning of a child within the grieving family. The presentation will address the many 'myths' surrounding the bereaved child and answer the child's question, "Do angels wear shoes?" Activities will be shared and all participants will have a hands on experience with activities that underscore the importance of supporting bereaved children of all ages. Recent research conducted by collegiate professionals with regards to the CDI — Children's Depression Inventory, as a program effectiveness measure will be discussed.

Objectives:

4. Describe the relationship between parents and children within the family after a death.
5. Address the many bereavement myths associated with children of all ages and to understand the developmental ages of how children process grief and loss.
6. Describe recent research using the CDI — Children's Depression Inventory, as a measurement device for program effectiveness.



Workshop Session III • 3:30 – 5:00 p.m.

3A. **Antisocial/Violent Behavior and Unresolved Child Grief and Loss**

Doris Meyer, MA, Hacienda La Puente Schools, Former Educator LA County Jail

Farideh Fazlian, Ph.D., Psychologist CDCR, Juvenile Justice Division

Lina Jurilla Pastrana, Ph.D., Psychologist CDCR, Juvenile Justice Division

Shirley Erker, Retired CDCR, Volunteer in Child Grief Support Group

Multiple professionals in the criminal justice system have collected anecdotal observations of antisocial and violent behaviors that appear to correlate with a history of childhood loss that is not resolved. For example, a 16 year old is tried as an adult and given a life sentence for murder. When the 16 year old was a child, he saw his father beat a younger sibling to death and reportedly had no support to address that loss. Such an experience does not explain the act of murder but a collection of similar cases suggest a correlation. This workshop will be one of the first attempts to address such a correlation. The panel has over a century of experience with the criminal justice system. Dr. Fazlian will present on four years with a grief support group for Wards in CYA. Her work provides one model of what is possible. Doris Meyer will demonstrate the use of children's books with an adult correctional population.

Objectives:

1. Define the present knowledge on violent behavior and previous unresolved grief.
2. Suggest a method of increasing that knowledge.
3. Suggest at least one intervention that could be made with present resources.

3B. **Grief and Loss: Best Practices**

Linda Garcia, CCLS, Childrens Hospital Los Angeles

Grief is itself a medicine. After a death, the process of healing and restoration for children depends on the nurturing adults who guide them in the present. An overview of best practices designed to help all professionals manage grief interventions with children following a loss of a loved one. Basic education and training on grief and trauma issues for caregivers working with children. Some best practices will include: grief interventions, developmental understanding of death; preparing children for a funeral; memorabilia; communication with children using age-appropriate language; and when to make appropriate referrals.

Objectives:

1. Describe practical applications and basic knowledge on grief and loss.
2. Develop developmentally appropriate strategies for children and youth.
3. Define culturally sensitive approaches in community settings that serve children.

3C. Grief Issues for Prospective Adoptive Parents Involved in Concurrent Planning

Susan Edelstein, LCSW, Director, TIES for Adoption, Adjunct Assistant Professor, Pediatrics, UCLA

Eugenia Hsu Tsao, Ph.D., Director of Clinical Services, TIES for Adoption, Psychologist, UCLA

Jill Waterman, Ph.D., Adjunct Professor, Psychology, UCLA

The UCLA TIES for Adoption program changed as a result of the implementation of concurrent planning. Most children referred to TIES used to be preschoolers where family reunification services had been terminated. Last year, 40% of the children referred to TIES were infants and reunification with birth parents was a possibility. Concurrent planning may be good for young children, but the needs of prospective adoptive parents (also called resource parents) need to be addressed. Families who want to adopt are not motivated to facilitate family reunification. They become attached to the child. When family reunification becomes a possibility, loss of the child and the resulting grief are intensified. Visits with birth parents, especially when the resource parent is asked to monitor the visits, are painful. Prospective adoptive parents need to be educated, prepared, and supported for possible and actual loss of the child in ways which will be described.

Objectives:

1. List two changes that have occurred as a result of concurrent planning.
2. Identify the special issues of loss and grief for resource parents seeking adoption.
3. List three ways to support prospective adoptive parents through concurrent planning.

3D. Never too Young: Infants and Young Children Suffer Grief

Zohreh Zarnegar, Ph.D., American Indian Child and Family Services Program, LAC D.M.H. Children's System of Care

Theresa McNichol, Ph.D., Children's Bureau and Private Practice

Infants and young children can suffer grief and show symptoms unique to their age and developmental status. Grief may result from long or short-term separation from caregivers, violence or death in the home, or trauma or injury. The child's capacity to survive psychologically and respond to interventions can be related to age, skills, resilience, addition of other risk factors, and cultural issues. Topics include the child's concept of time, early memory development, attachment, out-of-home placement, legal and program issues, and intervention strategies which will be illustrated through case presentations, photos, and video clips.

Objectives:

1. Describe the representations of grief shown by infants and young children.
2. List factors that can influence a child's capacity to survive psychologically and respond to interventions.
3. Identify interventions that are clinically and theoretically applicable and efficacious for infants and young children experiencing grief.

3E. Trinity Hospice

Helene Morgan, MSW, Trinity Hospice

Pediatric hospice is an underused resource available to children with terminal prognoses and their families, who face end-of-life choices and want the remainder of their lives at home. Pediatric hospice provides medical, psychosocial, spiritual, pain management, and grief support in the home. It takes collaboration with community agencies to raise awareness and provide support for families facing the physical and emotional challenges of allowing their child to die at home. When a child has a life-threatening illness with no curative treatments available, parents should be given the option to allow their child to live the remainder of his/her life at home, with the support of pediatric hospice services. The only way that families can be aware of their choices is if the professional community know what hospice is and where it is available. Schools, mental health agencies, DCFS, hospitals, religious institutions, regional centers, pediatric clinics, and foster care agencies, have the potential to serve a family facing the death of a child. Hospice depends on community-based institutions to refer. The entire community is touched when a child is life-threatened, and community is needed to serve families at such a time.

Objectives:

1. Identify a child who could benefit from Pediatric Hospice/Palliative Care.
2. Describe the collaborative nature of caring for children with life-threatening illness.
3. Define roles for community agencies supporting the families of terminally ill children.

3F. Music Therapy

Deforia Lane

Dr. Lane is our keynote speaker. Her message of music was chosen to address the need to return joy to children and families. She will explore how music therapy is being used with children, their families and caregivers to address pain and grief. The session will include a brief overview of the literature, a description of music therapy techniques, audio/visual examples, and suggestions for using music for personal and professional growth.

Objectives:

1. Define music therapy.
2. Explore pediatric evidence-based music therapy research.
3. Discuss relevant music therapy strategies to address grief.
4. Identify music therapy resources.



Presenter Biographies

Mary Allare has received her medical and pediatric training at Northwestern University Medical School, the University of Wisconsin-Madison and University of California-San Diego. She has practiced neonatology in Phoenix, Arizona since 1987 and joined PPA-NEO/Obstetrix in 2005. In 2004, she joined the faculty of the Brazelton Institute of Harvard Medical School and lectures on parental support in the NICU.

Traci Harumi Aoki, B.S., CCLS, CTRS, RTC, UC Davis Home Care Services/Hospice. Traci has been a certified Child Life Specialist and Therapeutic Recreation Specialist for eight years working with children and adolescents of various populations, including spinal cord injuries, physical medicine and rehabilitation, severe burn injuries, plastic surgery, medical-surgery, orthopedics, infectious diseases, hematology/oncology, palliative care and hospice. The last year has been dedicated to working with pediatric hospice patients.

Patty Binder is a Diplomate with the American Academy of Experts in Traumatic Stress and has worked with children and families for twenty-five years. She is Board Certified in Traumatic Stress, Illness Trauma and School Crisis Response. Patty did her trauma training with the trauma specialists who served as incident commanders for 9/11. She is currently working on her Clinical Psychology Ph.D. in Pediatric and Adolescent Neuropsychology at Fielding Graduate University in Santa Barbara and has certified in Touchpoints and NBO at The Brazelton Institute. Patty is currently involved in formulating a research project with Dr. T. Berry Brazelton of Harvard Medical School regarding building resiliency skills in children.

Joanne Cacciatore is a licensed Masters level social worker with a Fellowship in Thanatology. She is an expert in the field of perinatal death, a consummate teacher, and professional public speaker in the 'death and dying' genre. Her area of specialization focuses on individual and familial bereavement after a child's death. Ms Cacciatore is founder and CEO of the MISS Foundation, an international nonprofit organization that provides aid to bereaved parents. She initiated the first multidisciplinary program on compassionate bereavement care and crisis intervention in Arizona. She currently serves on the Unexplained Infant Death Advisory Council, and she is founding member of the Elisabeth Kubler-Ross Foundation. She served at the Maricopa County Medical Examiner's Office as a Family Liaison from 1998 until 2004. Ms Cacciatore is currently a Ph.D. Candidate at the University of Nebraska-Lincoln. Joanne and is a Faculty Associate at Arizona State University's West campus. Her media appearances include numerous state and national newspapers, the Boston Globe, the New York Times, Leeza Gibbons Show, Kindness Project T featured on Oprah, and most recently, her work was featured in People Magazine. She is the author of the tenderhearted book "Dear Cheyenne" now in its fifth printing. If you ask her how many children she has, she'll reply, "I have four who walk and one who soars."

James J. Cassero, MA, MFT, is a Licensed Marriage and Family Therapist. He currently holds the position of Clinical Licensure Coordinator for Los Angeles County DCFS, and has over 16 years of experience working in the field of public child welfare. At DCFS, Mr. Cassero also provides clinical supervision for staff who is working towards licensure and is a counselor at the Child Sexual Abuse Program (CSAP).

Stephanie Clancy, LCSW, is a clinical evaluator with the specialized “D-rate” program at the Department of Children and Family Service. Her study of these children with behavior problems detected a high rate of unresolved grief. She is a member of the DCFS Grief and Loss Workgroup and Child and Adolescent Suicide Death Review Team. Ms. Clancy has over 10 years of experience in the Child Welfare field.

Joan Cochran, MA, CT, is the Executive Director and founder of The Center for Grief and Loss for Children, a program of Hathaway-Sycamores Child and Family Services. In 1986, Joan created and directed two nursing services as well as a training center for nurses and nursing assistants. More than 4,000 nurses and nurses aides graduated from this free training program that included a curriculum for grief and loss services. In 2002, Joan graduated from Pacific Oaks College with a master's degree in Marriage and Family Therapy. "The Center" grew out of Joan's thesis, that included grief and loss interventions for very young children. Today "restoring joy to children and their families" has become the goal and a gift for the dedicated volunteers and staff of The Center for Grief and Loss for Children.

Leslie Delp, MA, Executive Director, Olivia’s House - A Grief and Loss Center for Children. Leslie holds a BSEd. in Elementary Education from Pennsylvania State University and a Masters Degree in Counseling Psychology from Towson University. She created the ‘Hearts Can Heal’ Children’s Bereavement Support Program and is the founder of Olivia’s House — A Grief and Loss Center for children in York, Pennsylvania, serving as the Executive Director since 2002.

Michael Durfee, M.D., is a child psychiatrist who retired after 34 years with the LA County Department of Health. He has held appointments at the USC School of Medicine and is a Visiting Scholar in Public Health at UCLA. Dr. Durfee developed countywide child abuse prevention programs in Mental Health and created Child Death Review in 1978 that expanded internationally. He co-founded the ICAN Grief Group to address the needs of children and families and works to develop a model program in LA County and inspires similar programs nationally. His work with child death review and grief is available on the web page for the ICAN National Center on Child Fatality Review, www.ican-ncfr.org. He can be reached at michaeld55@aol.com.

Susan Edelstein, LCSW, is a licensed clinical social worker and an adjunct assistant professor in the UCLA Department of Pediatrics. She began her career in child protective services and adoption and later moved to UCLA Medical Center directing service, training, and research projects involving interdisciplinary collaboration in the areas of child abuse and neglect, parental chemical dependency and prenatal substance and foster care and adoption. She has published extensively in these areas. Ms. Edelstein is the founder of UCLA TIES for Adoption and served as its director since its development twelve years ago.

Shirley Erker retired from the California Department of Corrections, Juvenile Justice Division (former California Youth Authority). Shirley is now a volunteer in a group for young children who have lost a loved one to death. This peer support group includes children ages 3–12 with loss of parents and siblings and loss to natural disease and violence.

Donna Fernandez, MSW, LCSW, has worked in public child welfare for the Los Angeles County Department of Children and Family Services (including the former Los Angeles County Department of Adoptions) for 27 years. Her work experiences include adoptions, policy development, community resources, health development/services, substance abuse and mental health services.

Farideh Fazlian, Ph.D, is a clinical psychologist at the Department of Juvenile Justice at Ventura Youth Correctional Facility. Dr. Fazlian has been working with delinquent youth population since September 2000. She had worked with youths in private and group practices, providing trauma and family intervention from 1995 to 2000. During the past 6 years, she has worked extensively in a variety of areas including crisis and suicide intervention, and trauma intervention with male and female youth population. In 2001, she started grief trauma intervention group therapy for the male youth population at Fred C. Nelles Youth Correctional Facility. Grief trauma intervention among the male delinquent population demonstrated to be effective not only in dealing with the issues related to losses due to death, but had reduced a potential for violent hostile acting out behavior among them. Dr. Fazlian aims to provide trauma therapeutic intervention available in treatment of the patients suffering from other types of trauma including the childhood sexual abuse.

Helen Fitzgerald is an author and lecturer certified in thanatology by the Association for Death Education and Counseling. For 23 years she was the coordinator of the Grief Program for Mental Health Services in Fairfax County. There she conducted many groups for adults and grieving children, pre-school through high school. She retired from that position in July of 2000. Currently she is the Director of Training for the American Hospice Foundation, training on grief issues for educators, social workers, and human resource personnel throughout the United States. Her books include *The Grieving Child* (1992), *The Mourning Handbook* (1994) and *The Grieving Teen* (2000). A second, expanded and updated edition of *The Grieving Child* will appear in 2004. Earlier she wrote a chapter on children's grief groups for *Prevention in Community Practice* (1991). She has also written two manuals: *Grief at School* (1998) and *Grief at Work* (1999). She has written for or has been quoted in *Law Practice Management*, *Employee Assistance Report*, *Parent's Magazine*, *Thanatos*, *Good Housekeeping*, *Boy's Life*, and other publications. She is a columnist for the websites beliefnet.com and americanhospice.org.

Linda Garcia, MA, CCLS, is a Certified Child Life Specialist with extensive experience providing therapeutic interventions with traumatized, abused, chronically ill, and burn injured children. Her expertise includes individual and group therapeutic play, crisis intervention, grief and mourning counseling, and family assessment and treatment. She is a consultant to ICAN/NCFR (National Child Fatality Review), Founder and Board member of the CACLP (California Association of Child Life Professionals), and a member of Child Life Council. She has conducted local, national, and international presentations on the topics of child life, grief and loss, cultural awareness, and family violence. Ms. Garcia was a Child Life Specialist at the UCLA Medical Center and the Grossman Burn Center, and is currently employed as Manager of Child Development Services at Childrens Hospital Los Angeles and part-time faculty at (CSUN) California State University Northridge.

Robin Goodman, Ph.D., A.T.R.-BC clinical psychologist and art therapist. She is a magna cum laude graduate of Smith College, MA from New York University, Ph.D. from the Derner Institute at Adelphi University where she received the Kalike Research Award. Private practice with expertise in trauma and bereavement. Director of Family Programs, Voices of September 11th, and Consultant to Allegheny General Hospital Center for Traumatic Stress in Children and Adolescents. Consultant to the Department of Defense Educational Opportunities Directorate and National Child Traumatic Stress

Network. Previously Clinical Associate Professor in Psychiatry at New York University School of Medicine. At the NYU Child Study Center, she was Director of Bereavement Programs and AboutOurKids.org, a child mental health and parenting web site. As Director of Public Education, Dr. Goodman led the Childhood Revealed project and the National Child Mental Health Initiative. She established the first Child Life Program in Pediatric Hematology/Oncology at Mount Sinai Hospital in New York and developed the behavioral health service of the Stephen D. Hassenfeld Children's Center for Cancer and Blood Disorders at NYU Medical Center. As the past president of the American Art Therapy Association, involved in state and national governmental affairs, and on the editorial board of the American Journal of Art Therapy.

She has taught, and lectured internationally with over 100 online articles. She wrote and developed Caring for Kids After Trauma and Death: A Guide for Parents and Professionals, used throughout the country following 9/11 and the war with Iraq. She is a Contributor to the CBS Early Show and previously was Psychologist and Family Editor at MSNBC, and has appearances on national, including the Today Show, ABC Primetime and World News Now, Fox News, Good Day New York, and Oprah. She has commented on radio and in print, including Ladies Home Journal, Working Mother, Child, Parents, and Seventeen. Her book credits include The Day Our World Changed: Children's Art of 9/11, Turbulent Times Prophetic Dreams: Art from Israeli and Palestinian Children and Childhood Revealed: Art Expressing Pain, Discovery and Hope, with art by children and teens. That book received a Ken Award from the National Alliance for the Mentally Ill-NYC Metro and art from the book was exhibited at the Whitney Museum of American Art before moving to Rockefeller Plaza and a three year nationwide tour.

David Avid Brian Hickel, Ph.D., trained at Fuller Theological Seminary and is now Vice President of Psychological and Psychiatric Services for Hathaway-Sycamores to oversee agency research, psychological assessment, psychiatric and performance improvement efforts. Private practice for children and adults in educational and psychological assessment. He is a clinical associate professor at Fuller Graduate School of Psychology, training fourth year clinical psychology doctoral students. PUBLICATIONS (In Press). Follow-up of Children Returned to Home after Treatment in Residential Care. In Assessing Youth Behavior: Using the Child Behavior Checklist in Family and Children's Services. Published by Child Welfare League of America.

Arvis Jones received a B.A. degree from California State Long Beach with a Music Therapy Certificate. She was the first African American Music Therapist employed by Arts & Services for the Disabled. Arvis was also the first Music Therapist at the Los Angeles Child Guidance Clinic, working with children and youth of all ages who have emotional and environmental problems where she developed a program to address the needs of children and youth ages 2½ to 24 years. Arvis is currently the Assistant Director of The Center For Grief and Loss for Children, a program of Hathaway-Sycamores Child and Family Services where she helps to provide a supportive environment for families who are experiences some type of loss and grief. She provides grief and loss training for therapists, clinicians, teachers, after-school personnel, clergy, parents, and volunteers to help them provide concrete supportive counseling to children, youth, teens and families in grief. She is a national board member of The National Association of Negro Musicians (NANM), a member of Musicians In Action (MIA), a member of American Music Therapy Association (AMTA), and a member of the Top Ladies of Distinction (TLOD), where she is the Top Teen Advisor of the Los Angeles Chapter of TLOD.

David Kessler is the co-author of the new book, “On Grief and Grieving” with Elisabeth Kubler-Ross, completed one month before her death. He also co-authored, “Life Lessons” with her. His first book, “The Needs of the Dying” received praise by Mother Teresa. It has now been published in over 11 countries worldwide. He is Director of Palliative Care for Citrus Valley Health Partners, which has a hospice and has three hospitals in the Los Angeles area with over 900 physicians and 2000 nurses. His volunteerism includes serving as a member of the Red Cross Mental Health Disaster Team and as a Specialist Reserve Officer for the Los Angeles Police Department on its trauma team. His work has been discussed in the “Los Angeles Times,” the “New York Times,” “Business Week” and “Life Magazine,” and has been featured on CNN-Cross Fire, NBC, MSNBC, PBS, “Entertainment Tonight” and “Sally Jessy Raphael.” He has written for the Boston Globe and The San Francisco Chronicle.
www.DavidKessler.org

Deforia Lane serves as the resident director of music therapy at University Hospitals of Cleveland Ireland Cancer Center and Rainbow Babies and Children's Hospital. She attended Cleveland State University for her Master's degree and earned her Ph.D. in music education from Case Western Reserve University. Dr. Lane has designed and implemented music therapy programs for such diverse populations as the mentally handicapped, abused children, geriatric clients, behaviorally and psychiatrically disturbed adults and pediatric cancer patients. Some of her many awards include a grant from the American Cancer Society to investigate therapeutic effects of music on oncology patients. Dr. Lane is a popular speaker known for consistently commanding standing ovations for her lively, warm and inspirational messages to conferences and professional organizations nationwide.

Lois Lee, Ph.D, Founder and President of Children of the Night, is America's leading authority in the field of child prostitution and presented her work beyond the U.S. in Japan, Romania, and the European Summit on Missing and Exploited Children. She has been an expert witness for federal and state prosecutors enforcing laws against pimps. She came to media attention during the Hillside Strangler investigation with her efforts that led to prosecution of Angelo Buono. Her Ph.D. dissertation “The Pimp and His Game” was the first study of the bond between pimp and prostitute. She has multiple awards including the Presidents Volunteer Action Award from Ronald Reagan. She has been profiled on CBS 60 Minutes and portrayed in a CBS Movie of the week “Children of the Night.” Her humanitarian efforts have been recognized with a *National Caring Award* and a permanent memorial portrait in the Frederick Douglass Museum and Hall of Fame for Caring Americans in Washington, D.C., the *Women's Achievement Award in 2002*, presented to Dr. Lee by the Dashew International Center for Students and Scholars at UCLA; and she has been cited as an American Hero in the 1996 book *Renewing American Compassion* by Marvin Olasky.

Shirley E. Logan is a Licensed Clinical Social Worker who completed studies at Spelman College and the Atlanta University School of Social Work in Atlanta, Georgia. She has over twenty-five years in Child Welfare Experience with 18 of the last 25 being dedicated to the Children and Families of LA County.

Theresa A. McNichol, Ph.D., B.A., Magna cum laude, Seattle University, Ph.D., Purdue University Member, - 730 Panel of Mental Health Experts, Superior Court, Los Angeles, California, Dependency Court - Private Practice of Psychology including assessment of infant, toddler and preschool development, assessment of cognitive, academic and emotional development of children, psychotherapy for children, and families, and consultation services including program development, outcome research ,program evaluation, staff training, and clinical case consultation.- Vendor: Regional Centers for the developmentally disabled. Previously a consultant to the LA Suicide Prevention Center, and Instructor, U.C.L.A. Dept. of Psychology, Graduate course in clinical assessment of children – Presentations and research include: research on neonates - Presentation: “*Partners in Parenting: Foster Parents, Biological Parents and Social Workers Working Together*”, Investigation of temperament variables and parenting stress among preschool children with different life experiences and their families: “*Temperament Characteristics of Drug-Exposed and Assumed Non-Drug-Exposed Preschool Children*”, National Association for Perinatal Addiction Research and - Psychologist, Saint John's Child Study Center, Santa Monica, California Assessment and treatment of children, supervision of psychology interns, clinical consultation; classroom coordinator, project director, research Therapeutic Preschool.- Recent publication topics include prenatal substance abuse, foster care and issues of academics and attachment, preschool temperament - Special Advisor, Foster Care and Shelter Care Policy Boards, Children's Research Institute of California.

Doris Meyer, M.A., coordinated the School-age Parent Infant Development Program for Hacienda La Puente School District before spending 18 years developing an adult education program for the LA County Jails, including curriculum on Health Education and the Domestic Violence Prevention Program for the LA County Sheriff. Her Parenting Education Curriculum is a model for parents of children aged birth to 12 years and she developed the Teaching and Loving Kids, TALK Program, that included children under age 12 visiting female and male parents in the jail. She was principal for the Twin Towers Jail and the Sybil Brand Institute for Women. She continues in Adult Education with ESL, Academics and Parent Education. She is a long time consultant to the ICAN Agencies on issues of Incarcerated Parents.

Helene Morgan, MSW, is a Clinical Social Worker with extensive experience caring for hospitalized children and their families, crisis intervention, and grief support. Helene is currently providing psychosocial support to dying children and their families in their homes through Trinity KidsCare Hospice. Helene has a special passion for cultural bereavement issues. She has extensive experience working with children and their families during hospitalizations for life-threatening illnesses and surgeries. Helene is currently working for Trinity KidsCare Hospice where she is providing in-home psychosocial and grief support for terminally ill babies, children, their families, and their communities.

Herman Perrault, MA, LMFT, is a Licensed Marriage, Family Child Counselor in private practice in Los Angeles. His specialties include working with families experiencing traumatic grief due to the homicide of a loved one. He also specializes in treating families where child sexual abuse is suspected or has occurred. Mr. Perrault is recognized as an expert witness in the area of child abuse by Juvenile Dependency Court. He has been a staff therapist for the Loved Ones of Homicide Victims for twelve years. A graduate of California State University, Northridge, Mr. Perrault has earned a Master Degree in counseling and credential, certifying him as an Educational Psychologist. Mr. Perrault has conducted numerous workshops around the country, training mental health professionals on how to develop effective treatment programs for victimized children and their families. Mr. Perrault is also certified by the office of Criminal Justice Planning and has successfully completed the Advance training course for Victim Advocate, which qualifies him to train others in their field. He has also trained peer counselors for the agency, Loved Ones Victims of Homicide.

Donna L. Schuurman, EdD., has been the Executive Director of The Dougy Center for Grieving Children & Families since 1991. She served 8 years on the board of the Association for Death Education & Counseling (ADEC), including President, and is a member of the International Work Group on Death & Dying. St. Martin's Press/NY published her first book in 2003, *Never the Same: Coming to Terms with the Death of a Parent*. Dr. Schuurman conducts trainings nationally and internationally on issues related to grief and loss, and serves on the Board of the National Alliance for Grieving Children.

Eugenia Hsu Tsao, Ph.D., is a clinical psychologist at the UCLA TIES for Adoption program and assistant professor at the UCLA Department of Psychology. Her expertise includes developmental psychopathology and working with children and families where child trauma has occurred. She has presented and published on sexual abuse and understanding mental health needs of Asian Americans.

Maria Elena Tome, BA, CCLS, is a certified Child Life Specialist who has worked with children, youth, and families in a variety of settings and capacities for over 25 years. She is currently the Hematology/Oncology Supervisor at Childrens Hospital Los Angeles providing therapeutic interventions for chronically and terminally ill children and their families. Ms. Tome has facilitated children's support groups at the Grossman Burn Center, and is currently a support group facilitator at the Center for Grief and Loss for Children. She is a member of Child Life Council and a Founding Board member of the CACLP (California Association of Child Life Professionals).

Gay Walker, RN, is a registered nurse and Director of Trinity Care Pediatric Hospice in Los Angeles, California. With over 30 years of nursing experience, Gay has performed in a wide variety of medical environments and positions, including supervising clinical services at Rush Presbyterian Hospital in Chicago. For the past 20 years, she has been actively involved in leading edge hospice and palliative care services in Southern California. Gay continues to develop productive and effective hospice programs and services in conjunction with the industries leading innovators.

Jill Waterman, Ph.D., is an Adjunct Professor of Psychology in the UCLA Psychology Department and Director of Training for UCLA TIES for Adoption. She has been part of the TIES team since its inception. In addition to numerous articles, Dr. Waterman has published 2 books on child sexual abuse as well as a manual for group counseling with high-risk adolescents. Her interests are in child trauma, infants and toddlers, adoption issues and parent-child interaction.

Cammie Kaulkin Woodward, MA, CCLS, has been a certified Child Life Specialist for eight years working with children and adolescents of various populations including spinal cord injuries, physical medicine and rehabilitation, severe burn injuries, plastic surgery, medical-surgery, orthopedics, infectious diseases, hematology/oncology, and palliative care. The last year has been dedicated to working pediatric oncology patients in the clinic and hospital setting.

Zohreh Zarnegar, Ph.D., Psychologist, Los Angeles County Department of Mental Health American Indian Counseling Center Child and Family Services Program - PhD at USC, Phi beta Kappa and Cum-MA Michigan State (Presidents List), BA University Terhan. - Some skills in 5 languages. - Previous work with UNICEF and UNESCO - Clinical Assistant Professor, Department of Family Medicine, School of Medicine, University of Southern California - LAC Department of Mental Health Developed Resource Directory of Service Providers for Grief and Mourning of Professionals serving traumatized children - Project Director, Infancy, Childhood, And Relationship Enrichment (ICARE), Los Angeles County Department of Mental Health By year 2003, 33 agencies of LACDMH were able to provide services for families with young children across the county which did not exist before – Training topics include PTSD, the effects of violence on children, domestic violence, infant mental health, and cultural issues - multiple activities have been noted with awards including Zero To Three 21st Century Leadership Mid-Career Fellowship Award, 2003-2004.LA County DMH recognition award for pioneering Infancy, Childhood, And Relationship Enrichment Program, other awards and notation include Finalist Hopi Foundation Barbara Chester Award Finalist, Jonathan Mann Award Finalist, Harvard School of Public Health, LA County BOS, APHA, NIH and Whos Who.